

NURSING DIAGNOSES

Definitions and Classification

2024–2026

Thirteenth Edition

Source: NANDA International, Inc.

LIST OF NANDA DIAGNOSES 2024 - 2026

Domain 1. Health promotion

Class 1. Health awareness

- Decreased diversional activity engagement
- Risk for decreased diversional activity engagement
- Excessive sedentary behaviors
- Risk for excessive sedentary behaviors
- Imbalanced energy field

Class 2. Health management

- Ineffective health self-management
- Risk for ineffective health self-management
- Readiness for enhanced health self-management
- Ineffective family health management
- Risk for ineffective family health management
- Ineffective community health management
- Risk for ineffective community health management
- Risk for ineffective blood glucose pattern self-management
- Ineffective dry eye self-management

- Ineffective dry mouth self-management
- Risk for ineffective dry mouth self-management
- Ineffective fatigue self-management
- Ineffective lymphedema self-management
- Risk for ineffective lymphedema self-management
- Ineffective nausea self-management
- Ineffective pain self-management
- Readiness for enhanced weight self-management
- Ineffective overweight self-management
- Risk for ineffective overweight self-management
- Ineffective underweight self-management
- Risk for ineffective underweight self-management
- Ineffective health maintenance behaviors
- Risk for ineffective health maintenance behaviors
- Ineffective home maintenance behaviors
- Risk for ineffective home maintenance behaviors
- Readiness for enhanced home maintenance behaviors
- Readiness for enhanced exercise engagement
- Inadequate health literacy
- Risk for inadequate health literacy
- Readiness for enhanced health literacy
- Readiness for enhanced healthy aging
- Elder frailty syndrome
- Risk for elder frailty syndrome

Domain 2. Nutrition

Class 1. Ingestion

- Inadequate nutritional intake
- Risk for inadequate nutritional intake
- Readiness for enhanced nutritional intake
- Inadequate protein energy nutritional intake
- Risk for inadequate protein energy nutritional intake
- Ineffective chestfeeding
- Risk for ineffective chestfeeding
- Disrupted exclusive chestfeeding



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- Risk for disrupted exclusive chestfeeding
 - Readiness for enhanced chestfeeding
 - Inadequate human milk production
 - Risk for inadequate human milk production
 - Ineffective infant feeding dynamics
 - Ineffective child eating dynamics
 - Ineffective adolescent eating dynamics
 - Impaired swallowing

Class 2. Digestion

- This class does not currently contain any diagnoses

Class 3. Absorption

- This class does not currently contain any diagnoses

Class 4. Metabolism

- Neonatal hyperbilirubinemia
- Risk for neonatal hyperbilirubinemia

Class 5. Hydration

- Risk for impaired water-electrolyte balance
- Risk for impaired fluid volume balance
- Excessive fluid volume
- Risk for excessive fluid volume
- Inadequate fluid volume
- Risk for inadequate fluid volume

Domain 3. Elimination and exchange

Class 1. Urinary function

- Impaired urinary elimination
- Risk for urinary retention
- Disability-associated urinary incontinence
- Mixed urinary incontinence
- Stress urinary incontinence



- Urge urinary incontinence
- Risk for urge urinary incontinence

Class 2. Gastrointestinal function

- Impaired gastrointestinal motility
- Risk for impaired gastrointestinal motility
- Impaired intestinal elimination
- Risk for impaired intestinal elimination
- Chronic functional constipation
- Risk for chronic functional constipation
- Impaired fecal continence
- Risk for impaired fecal continence

Class 3. Integumentary function

- This class does not currently contain any diagnoses

Class 4. Respiratory function

- Impaired gas exchange

Domain 4. Activity / rest

Class 1. Sleep / rest

- Ineffective sleep pattern
- Risk for ineffective sleep pattern
- Readiness for enhanced sleep pattern
- Ineffective sleep hygiene behaviors
- Risk for ineffective sleep hygiene behaviors

Class 2. Activity / exercise

- Impaired physical mobility
- Risk for impaired physical mobility
- Impaired bed mobility
- Impaired wheelchair mobility
- Impaired sitting ability
- Impaired standing ability



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- Impaired transferring ability
 - Impaired walking ability

Class 3. Energy balance

- Decreased activity tolerance
- Risk for decreased activity tolerance
- Excessive fatigue burden
- Impaired surgical recovery
- Risk for impaired surgical recovery

Class 4. Cardiovascular / pulmonary responses

- Risk for impaired cardiovascular function
- Risk for imbalanced blood pressure
- Risk for decreased cardiac output
- Risk for ineffective cerebral tissue perfusion
- Ineffective peripheral tissue perfusion
- Risk for ineffective peripheral tissue perfusion
- Ineffective breathing pattern
- Impaired spontaneous ventilation
- Impaired child ventilatory weaning response
- Impaired adult ventilatory weaning response

Class 5. Self-care

- Decreased self-care ability syndrome
- Risk for decreased self-care ability syndrome
- Readiness for enhanced self-care abilities
- Decreased bathing abilities
- Decreased dressing abilities
- Decreased feeding abilities
- Decreased grooming abilities
- Decreased toileting abilities
- Ineffective oral hygiene behaviors
- Risk for ineffective oral hygiene behaviors



Domain 5. Perception / cognition

Class 1. Attention

- This class does not currently contain any diagnoses

Class 2. Orientation

- This class does not currently contain any diagnoses

Class 3. Sensation / perception

- This class does not currently contain any diagnoses

Class 4. Cognition

- Acute confusion
- Risk for acute confusion
- Chronic confusion
- Ineffective impulse control
- Disrupted thought processes
- Inadequate health knowledge
- Readiness for enhanced health knowledge
- Impaired memory
- Impaired decision-making
- Readiness for enhanced decision-making
- Impaired emancipated decision-making
- Risk for impaired emancipated decision-making
- Readiness for enhanced emancipated decision-making

Class 5. Communication

- Impaired verbal communication
- Risk for impaired verbal communication
- Readiness for enhanced verbal communication

Domain 6. Self-perception

Class 1. Self-concept

- Readiness for enhanced self-concept



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- Disrupted personal identity
 - Disrupted family identity syndrome
 - Risk for disrupted family identity syndrome
 - Risk for impaired human dignity
 - Readiness for enhanced transgender social identity

Class 2. Self-esteem

- Chronic inadequate self-esteem
- Risk for chronic inadequate self-esteem
- Situational inadequate self-esteem
- Risk for situational inadequate self-esteem
- Inadequate health self-efficacy

Class 3. Body image

- Disrupted body image

Domain 7. Role relationship

Class 1. Caregiving roles

- Impaired parenting behaviors
- Risk for impaired parenting behaviors
- Readiness for enhanced parenting behaviors
- Excessive parental role conflict

Class 2. Family relationships

- Disrupted family interaction patterns
- Risk for disrupted family interaction patterns
- Impaired family processes
- Readiness for enhanced family processes
- Risk for disrupted attachment behaviors

Class 3. Role performance

- Ineffective role performance
- Ineffective intimate partner relationship
- Risk for ineffective intimate partner relationship



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- Readiness for enhanced intimate partner relationship
 - Impaired social interaction
 - Ineffective childbearing process
 - Risk for ineffective childbearing process
 - Readiness for enhanced childbearing process

Domain 8. Sexuality

Class 1. Sexual identity

- This class does not currently contain any diagnoses

Class 2. Sexual function

- Impaired sexual function

Class 3. Reproduction

- Risk for impaired maternal-fetal dyad

Domain 9. Coping / stress tolerance

Class 1. Post-trauma responses

- Post-trauma syndrome
- Risk for post-trauma syndrome
- Risk for disrupted immigration transition

Class 2. Coping responses

- Maladaptive coping
- Readiness for enhanced coping
- Maladaptive family coping
- Readiness for enhanced family coping
- Maladaptive community coping
- Readiness for enhanced community coping
- Excessive caregiving burden
- Risk for excessive caregiving burden
- Maladaptive grieving
- Risk for maladaptive grieving
- Readiness for enhanced grieving



- Impaired resilience
- Risk for impaired resilience
- Readiness for enhanced resilience
- Readiness for enhanced hope
- Inadequate self-compassion
- Excessive anxiety
- Excessive death anxiety
- Excessive fear

Class 3. Neurobehavioral responses

- Risk for autonomic dysreflexia
- Ineffective emotion regulation
- Impaired mood regulation
- Acute substance withdrawal syndrome
- Risk for acute substance withdrawal syndrome
- Risk for impaired human connection
- Impaired human connection

Domain 10. Life principles

Class 1. Values

- Impaired personal identity
- Risk for impaired personal identity
- Impaired life principles
- Risk for impaired life principles
- Readiness for enhanced life principles

Class 2. Beliefs

- Impaired religious coping
- Risk for impaired religious coping
- Readiness for enhanced religious coping

Class 3. Value / belief / action congruence

- Inadequate value-belief-action congruence



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- Risk for inadequate value-belief-action congruence

Domain 11. Safety / protection

Class 1. Infection

- Risk for infection
- Risk for perioperative positioning injury
- Risk for surgical site infection
- Risk for healthcare-associated infection
- Risk for communicable disease transmission
- Risk for multidrug-resistant organism transmission

Class 2. Physical injury

- Risk for falls
- Risk for trauma
- Risk for injury
- Risk for adverse reaction to iodinated contrast media
- Risk for perioperative injury
- Risk for self-injury
- Risk for maternal injury
- Risk for neonatal injury
- Risk for poisoning
- Risk for violence
- Risk for female genital mutilation
- Risk for abusive behaviors

Class 3. Violence

- Risk for sexual violence
- Risk for sexual assault
- Risk for human trafficking victimization
- Risk for elder abuse

Class 4. Environmental hazards

- Risk for environmental hazard exposure
- Risk for workplace injury



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- Risk for community hazard exposure

Class 5. Defensive processes

- Risk for impaired immune response
- Ineffective immune response

Class 6. Thermoregulation

- Hypothermia
- Risk for hypothermia
- Hyperthermia
- Risk for hyperthermia
- Risk for neonatal thermoregulation imbalance

Domain 12. Comfort

Class 1. Physical comfort

- Acute pain
- Chronic pain
- Readiness for enhanced comfort
- Impaired comfort

Class 2. Environmental comfort

- Impaired environmental comfort

Class 3. Social comfort

- Impaired social comfort

Domain 13. Growth / development

Class 1. Growth

- Delayed growth
- Risk for delayed growth
- Readiness for enhanced growth

Class 2. Development



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- Delayed child development
 - Risk for delayed child development
 - Delayed adolescent development
 - Risk for delayed adolescent development
 - Readiness for enhanced child development
 - Readiness for enhanced adolescent development
 - Delayed infant development
 - Risk for delayed infant development
 - Delayed motor development
 - Risk for delayed motor development
 - Impaired neurodevelopmental organization
 - Risk for impaired neurodevelopmental organization
 - Readiness for enhanced neurodevelopmental organization
 - Ineffective infant suck-swallow response
 - Impaired infant attachment
 - Risk for impaired infant attachment



DEFINING CHARACTERISTICS AND RELATED FACTORS

Activity/Rest Domain: Sleep/Rest Class

Ineffective sleep pattern

Definition	Difficulty in falling asleep or maintaining sleep that impacts functioning.
Defining Characteristics	<ul style="list-style-type: none"> - Complains of insufficient sleep - Difficulty falling asleep - Difficulty staying asleep - Early awakening - Irritability - Fatigue - Daytime sleepiness - Decreased ability to concentrate
Related Factors	<ul style="list-style-type: none"> - Anxiety - Depression - Environmental disturbances (noise, light) - Excessive worry - Inadequate sleep hygiene - Medications - Physical discomfort - Stress

Coping/Stress Tolerance Domain: Coping Responses Class

Maladaptive Coping

Definition	Inability to form a valid appraisal of stressors, inadequate choices of practiced responses, and/or inability to use available resources.
Defining Characteristics	<ul style="list-style-type: none"> - Inability to meet basic needs - Fatigue - Impaired problem-solving - Inability to ask for help - Verbalization of inability to cope



Related Factors	<ul style="list-style-type: none"> - Inadequate support system - Prolonged stress - Lack of problem-solving skills - Substance abuse - Low self-esteem
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Elimination and Exchange Domain: Urinary Function Class

Functional Urinary Incontinence

Definition	Inability of a usually continent person to reach the toilet in time to avoid unintentional loss of urine.
Defining Characteristics	<ul style="list-style-type: none"> - Inability to reach the toilet in time - Reports of involuntary leakage of urine - Urinary urgency - Functional limitations (e.g., mobility, cognitive impairment)
Related Factors	<ul style="list-style-type: none"> - Environmental barriers (e.g., distance to bathroom) - Impaired mobility - Cognitive decline - Weak pelvic floor muscles

Safety/Protection Domain: Physical Injury Class

Risk for Falls

Definition	Increased susceptibility to falling that may cause physical harm.
Risk Factors	<ul style="list-style-type: none"> - Advanced age - History of falls - Impaired mobility - Impaired balance - Use of assistive devices (e.g., walker) - Environmental hazards (e.g., poor lighting, slippery floors)



Associated Conditions	<ul style="list-style-type: none"> - Orthostatic hypotension - Parkinson's disease - Visual impairment - Neuropathy - Sedative use
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Comfort Domain: Pain Class

Chronic Pain/Chronic pain syndrome

Definition	Unpleasant sensory and emotional experience associated with actual or potential tissue damage, persisting for longer than 3 months.
Defining Characteristics	<ul style="list-style-type: none"> - Self-reports of pain - Facial grimacing - Guarding behavior - Sleep disturbances - Irritability - Fatigue
Related Factors	<ul style="list-style-type: none"> - Chronic physical condition (e.g., arthritis, fibromyalgia) - Neuropathic damage - Inflammatory process - Previous injury

Self-Perception Domain: Self-Concept Class

Disrupted Body Image

Definition	Confusion in mental picture of one's physical self.
Defining Characteristics	<ul style="list-style-type: none"> - Verbalization of negative feelings about body - Avoidance of looking at or touching body - Fear of rejection or reaction from others - Focus on altered body part
Related Factors	<ul style="list-style-type: none"> - Loss of body part or function (e.g., amputation, mastectomy) - Disfigurement (e.g., burns, scars) - Chronic illness (e.g., cancer, diabetes)



Nutrition Domain: Ingestion Class

Inadequate nutritional intake

Definition	Intake of nutrients insufficient to meet metabolic needs.
Defining Characteristics	<ul style="list-style-type: none"> - Weight loss - Reported insufficient food intake - Lack of interest in food - Muscle wasting - Weakness or fatigue - Poor wound healing
Related Factors	<ul style="list-style-type: none"> - Inability to ingest food - Increased metabolic demands (e.g., infection, hyperthyroidism) - Poverty - Lack of knowledge about nutritional needs

Activity/Rest Domain: Energy Balance Class

Excessive fatigue burden

Definition	An overwhelming and sustained sense of exhaustion and decreased capacity for physical and mental work at usual levels.
Defining Characteristics	<ul style="list-style-type: none"> - Verbalization of tiredness - Lack of energy - Decreased performance - Increased rest requirements - Sleep disturbances - Weakness
Related Factors	<ul style="list-style-type: none"> - Prolonged physical exertion - Chronic illness (e.g., cancer, heart failure) - Emotional stress - Sleep deprivation

Perception/Cognition Domain: Cognitive Orientation Class



Acute Confusion

Definition	Reversible disturbances of consciousness, attention, cognition, and perception that develop over a short period.
Defining Characteristics	<ul style="list-style-type: none"> - Fluctuating levels of consciousness - Disorientation to time, place, person - Memory impairment - Agitation - Hallucinations or delusions
Related Factors	<ul style="list-style-type: none"> - Hypoxia - Electrolyte imbalance - Alcohol withdrawal - Infection (e.g., urinary tract infection) - Medications (e.g., opioids)

Elimination and Exchange Domain: Bowel Function Class**Chronic functional constipation**

Definition	Decrease in normal frequency of defecation accompanied by difficult or incomplete passage of stool.
Defining Characteristics	<ul style="list-style-type: none"> - Hard, dry stool - Straining during defecation - Sensation of incomplete evacuation - Abdominal discomfort - Fewer than three bowel movements per week
Related Factors	<ul style="list-style-type: none"> - Dehydration - Low-fiber diet - Lack of physical activity - Opioid use - Ignoring the urge to defecate

Safety/Protection Domain: Immune Response Class**Risk for Infection**

Definition	Increased susceptibility to pathogenic organisms.
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Risk Factors	<ul style="list-style-type: none"> - Chronic illness (e.g., diabetes, HIV) - Immunosuppression (e.g., chemotherapy, corticosteroids) - Malnutrition - Break in skin integrity (e.g., surgical incision, wound) - Invasive devices (e.g., catheter)
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Role Relationships Domain: Caregiving Roles Class

Impaired parenting behaviors

Definition	Difficulty performing the family caregiver role.
Defining Characteristics	<ul style="list-style-type: none"> - Verbalization of difficulty coping - Emotional exhaustion - Increased stress or anxiety - Decreased time for self-care - Financial strain - Changes in relationship dynamics
Related Factors	<ul style="list-style-type: none"> - Complexity of care required - Inadequate resources (financial, social support) - Prolonged caregiving period - Multiple responsibilities (e.g., work, family)

Self-Perception Domain: Self-Esteem Class

Chronic inadequate self-esteem

Definition	Long-standing negative self-evaluation or feelings about self or self-capabilities.
Defining Characteristics	<ul style="list-style-type: none"> - Expressions of shame or guilt - Hesitation to try new things - Social withdrawal - Verbalization of negative self-talk - Feelings of worthlessness



Related Factors	<ul style="list-style-type: none"> - History of abuse (emotional, physical) - Chronic illness - Unresolved grief - Dysfunctional family dynamics
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Life Principles Domain: Value/Belief Class

Impaired spiritual well-being

Definition	A disruption in the individual's belief or value system that provides strength, hope, and meaning to life.
Defining Characteristics	<ul style="list-style-type: none"> - Verbalization of questioning the meaning of life - Expresses anger towards God or higher power - Feeling abandoned - Hopelessness - Withdrawal from spiritual practices
Related Factors	<ul style="list-style-type: none"> - Terminal illness - Loss of a loved one - Sudden change in life circumstances (e.g., disability, job loss) - Conflict between personal beliefs and healthcare decisions

Coping/Stress Tolerance Domain: Stress Responses Class

Post-Trauma Syndrome

Definition	Sustained maladaptive response to a traumatic event.
Defining Characteristics	<ul style="list-style-type: none"> - Flashbacks of traumatic event - Nightmares or intrusive memories - Hypervigilance - Difficulty concentrating - Social withdrawal - Irritability
Related Factors	<ul style="list-style-type: none"> - Witnessing or experiencing violence - Severe accident or injury - Natural disaster - Sexual or physical assault



Growth/Development Domain: Development Class

Delayed Growth/ Delayed child Development

Definition	Delay in age-appropriate growth and development milestones.
Defining Characteristics	<ul style="list-style-type: none"> - Delays in motor or cognitive skills - Height or weight below the expected percentile - Lack of age-appropriate social interaction - Delay in language skills
Related Factors	<ul style="list-style-type: none"> - Prematurity - Malnutrition - Genetic disorders - Lack of stimulation - Chronic illness (e.g., cystic fibrosis, congenital heart defects)

Nutrition Domain: Hydration Class

Inadequate fluid volume

Definition	Decreased intravascular, interstitial, and/or intracellular fluid levels leading to dehydration.
Defining Characteristics	<ul style="list-style-type: none"> - Dry mucous membranes - Increased heart rate - Decreased blood pressure - Weak, rapid pulse - Decreased urine output - Weight loss - Skin tenting (slow return of skin when pinched)
Related Factors	<ul style="list-style-type: none"> - Vomiting - Diarrhea - Excessive sweating - Insufficient fluid intake - Diuretic therapy - Hemorrhage



Activity/Rest Domain: Sleep/Rest Class

Insomnia

Definition	Difficulty falling asleep or maintaining sleep, or experiencing non-restorative sleep, for at least one month.
Defining Characteristics	<ul style="list-style-type: none"> - Difficulty falling asleep - Waking up frequently during the night - Waking up too early - Fatigue or daytime sleepiness - Irritability - Difficulty concentrating
Related Factors	<ul style="list-style-type: none"> - Anxiety or stress - Pain - Depression - Environmental noise - Medications (e.g., stimulants)

Perception/Cognition Domain: Sensory Perception Class

Impaired Skin Integrity

Definition	Altered epidermis and/or dermis.
Defining Characteristics	<ul style="list-style-type: none"> - Disruption of skin surface (e.g., wound, ulcer) - Redness - Bleeding - Localized pain - Edema - Warmth or heat in the affected area
Related Factors	<ul style="list-style-type: none"> - Immobility - Physical trauma (e.g., pressure, friction) - Circulatory insufficiency - Nutritional deficiency - Incontinence



Elimination and Exchange Domain: Urinary Function Class

Impaired urinary elimination

Definition	Inability of a usually continent person to reach the toilet in time to avoid unintentional loss of urine.
Defining Characteristics	<ul style="list-style-type: none"> - Inability to reach the toilet in time - Unintentional urine loss - Urgency - Leakage with a sense of urgency but inability to access facilities
Related Factors	<ul style="list-style-type: none"> - Physical immobility - Cognitive impairment - Environmental barriers (e.g., inaccessible toilet)

Safety/Protection Domain: Thermoregulation Class

Hyperthermia

Definition	Elevated body temperature above the normal range.
Defining Characteristics	<ul style="list-style-type: none"> - Increased body temperature (above 37.5°C or 99.5°F) - Flushed skin - Sweating - Tachycardia - Thirst - Seizures (in severe cases)
Related Factors	<ul style="list-style-type: none"> - Infection (e.g., bacterial, viral) - Dehydration - Heat exposure - Increased metabolic rate (e.g., hyperthyroidism)



Role Relationships Domain: Parenting Class

Risk for Impaired Parenting behaviors

Definition	At risk for the inability to provide an environment that promotes the physical, emotional, and social growth of a child.
Risk Factors	<ul style="list-style-type: none"> - Substance use disorder - Lack of knowledge about child development - Economic hardship - Lack of social support - Mental illness (e.g., depression, anxiety)

Self-Perception Domain: Body Image Class

Disrupted body image

Definition	Confusion in the mental picture of one's physical self.
Defining Characteristics	<ul style="list-style-type: none"> - Verbalization of negative feelings about body appearance - Avoidance of looking at or touching body part - Expresses shame or disgust about body - Social withdrawal
Related Factors	<ul style="list-style-type: none"> - Physical changes (e.g., amputation, mastectomy, scars) - Chronic illness - Cultural or societal expectations - Sexual dysfunction

Life Principles Domain: Value/Belief Class

Readiness for Enhanced Spiritual Well-being

Definition	A pattern of experiencing and integrating meaning and purpose in life through connectedness with self, others, art, music, literature, nature, or a power greater than oneself.
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Defining Characteristics	<ul style="list-style-type: none"> - Expresses desire to improve spiritual practices - Verbalization of finding greater meaning in life - Seeking connections with others - Increased sense of hope and peace
Related Factors	<ul style="list-style-type: none"> - Life transitions (e.g., recovery from illness, personal growth) - Desire for deeper spiritual understanding - Increased participation in spiritual activities (e.g., meditation, prayer)

Coping/Stress Tolerance Domain: Coping Responses Class

Maladaptive coping

Definition	Inability to form a valid appraisal of stressors, inadequate choices of practiced responses, and/or inability to use available resources.
Defining Characteristics	<ul style="list-style-type: none"> - Inability to ask for help - Verbalization of inability to cope - Substance abuse - Irritability or emotional outbursts - Inability to concentrate
Related Factors	<ul style="list-style-type: none"> - Chronic stress - Financial difficulties - Loss of a loved one - Lack of support system

Growth/Development Domain: Development Class

Risk for Delayed Child Development

Definition	At risk for delay in age-appropriate growth and development milestones.
Risk Factors	<ul style="list-style-type: none"> - Premature birth - Inadequate nutrition - Genetic disorders - Lack of cognitive stimulation - Environmental hazards (e.g., lead exposure)



Coping/Stress Tolerance Domain: Stress Management Class

Post-Trauma Syndrome

Definition	A sustained maladaptive response to a traumatic event, characterized by recurrent and intrusive recollections of the event.
Defining Characteristics	<ul style="list-style-type: none"> - Flashbacks or intrusive thoughts - Nightmares - Hypervigilance - Avoidance of reminders - Emotional numbness - Difficulty sleeping
Related Factors	<ul style="list-style-type: none"> - Exposure to traumatic events (e.g., violence, accidents) - History of mental illness - Lack of social support

Activity/Rest Domain: Energy Balance Class

Excessive fatigue burden

Definition	A subjective feeling of tiredness or exhaustion that is prolonged and impacts daily activities.
Defining Characteristics	<ul style="list-style-type: none"> - Decreased energy levels - Difficulty concentrating - Increased need for sleep - Lack of motivation - Feelings of heaviness
Related Factors	<ul style="list-style-type: none"> - Chronic illness - Poor sleep quality - Nutritional deficiencies - Mental health disorders (e.g., depression)

Safety/Protection Domain: Infection Class

Risk for Infection

Definition	At increased risk for invasion and proliferation of pathogenic organisms.
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Risk Factors	<ul style="list-style-type: none"> - Broken skin integrity - Poor hygiene - Invasive procedures (e.g., catheters, surgery) - Immunocompromised status (e.g., chemotherapy)
Defining Characteristics	<ul style="list-style-type: none"> - Presence of invasive devices - Exposure to pathogens - Malnutrition - Chronic illness

Perception/Cognition Domain: Thought Processes Class

Disrupted thought processes

Definition	Disruption in cognitive function, resulting in impaired perception, reasoning, or judgment.
Defining Characteristics	<ul style="list-style-type: none"> - Incoherent speech - Difficulty focusing or concentrating - Delusions or hallucinations - Misinterpretation of reality
Related Factors	<ul style="list-style-type: none"> - Mental health disorders (e.g., schizophrenia) - Substance abuse - Neurological disorders (e.g., dementia)

Role Relationships Domain: Family Class

Impaired parenting behaviors

Definition	Inability of an individual to provide appropriate care and support for the physical and emotional needs of a child.
Defining Characteristics	<ul style="list-style-type: none"> - Inconsistent discipline - Lack of knowledge about child development - Unavailability for the child - Poor communication
Related Factors	<ul style="list-style-type: none"> - Stressful life events (e.g., divorce, job loss) - Mental health issues - Substance abuse - Lack of support



Growth/Development Domain: Growth Class

Risk for Delayed Growth / Risk for Delayed Development

Definition	At risk for a delay in achieving developmental milestones appropriate for age.
Risk Factors	<ul style="list-style-type: none"> - Malnutrition - Chronic illness - Environmental factors (e.g., exposure to toxins) - Lack of stimulation
Defining Characteristics	<ul style="list-style-type: none"> - Failure to thrive - Delayed speech or motor skills - Limited social interactions - Inability to meet age-appropriate milestones

Sexuality Domain: Sexual Function Class

Impaired sexual function

Definition	A disturbance in sexual desire or the psychophysiological changes that characterize the sexual response cycle.
Defining Characteristics	<ul style="list-style-type: none"> - Difficulty achieving or maintaining an erection - Premature or delayed ejaculation - Lack of interest in sexual activity - Pain during intercourse
Related Factors	<ul style="list-style-type: none"> - Stress or anxiety - Relationship issues - Medical conditions (e.g., diabetes, hypertension) - Medications (e.g., antidepressants)

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