

Examination No:

Signature .....

**UGANDA NURSES AND MIDWIVES EXAMINATIONS BOARD  
YEAR 1: SEMESTER 1: EXAMINATIONS**

**DIPLOMA IN NURSING EXTENSION**

**Mental Health Nursing II and Pharmacology III**

**Paper Code: DNE 114**

**December 2019**

**3 HOURS**

**IMPORTANT**

*Write your examination number on the question paper and answer sheets*

*Read the questions carefully and answer only what has been asked in the question*

*Answer all the questions*

*The paper has three sections*

*For Examiner's use only*

**Section A: Objective questions.**

**Section B: Short essay questions.**

**Section C: Long essay questions.**

Section	Qn.	Result	Initials
A	MCQs		
	Fill in		
B	31		
	32		
C	33		
	34		
	35		
Total			

Turn over

SECTION A: *Objective Questions:*

*Circle the correct answer (20 marks)*

1. Which of the following is a cardinal feature of neurotic disorders?
  - (a) Delusions.
  - (b) Hallucinations.
  - (c) Anxiety.
  - (d) Excessive energy.
  
2. Which of the following is a first rank symptom of schizophrenia?
  - (a) Somative passivity.
  - (b) Incongruity of affect.
  - (c) Excitement.
  - (d) Catatonic symptom.
  
3. Which of the following is a minor mental disorder?
  - (a) Delirium.
  - (b) Panic attacks.
  - (c) Depression.
  - (d) Schizophrenia.
  
4. Which of the following is **NOT** a prominent feature with post-traumatic stress disorder?
  - (a) Persistent anxiety.
  - (b) Delusions.
  - (c) Irritability.
  - (d) Flash backs.
  
5. Which of the following is the most commonly abused psychoactive substance?
  - (a) Alcohol.
  - (b) Opium.
  - (c) Heroin.
  - (d) Cocaine.
  
6. The commonest sleep disorder in patients suffering from endogenous depression is
  - (a) absolute insomnia.
  - (b) somnambulism.
  - (c) inverted sleep.
  - (d) terminal insomnia.

7. Which of the following is an example of an intellectual disability in children?  
(a) Dyslexia.  
(b) ADHD.  
(c) Mental retardation.  
(d) Autistic spectrum disorders.
8. Which of these is **NOT** a provision in the penal code act for admitting a criminal patient?  
(a) Assessment.  
(b) Admission.  
(c) Trial leave.  
(d) Discharge.
9. Under what section of the mental treatment Act are physically fit and mentally stable patients discharged?  
(a) 18.  
(b) 19.  
(c) 20.  
(d) 21.
10. Which of the following disorders is absent in patients with anorexia nervosa?  
(a) Persistent pre-occupation with eating.  
(b) Vomiting after eating.  
(c) They are usually over weight.  
(d) Diarrhea after eating.
11. Which of the following is the most common psychiatric emergency in adolescents in Uganda today?  
(a) Rape and defilement.  
(b) Aggression and violence.  
(c) Suicide.  
(d) Homicide.
12. The commonest cause of death among psychiatric patients is  
(a) aggression and violence.  
(b) suicide.  
(c) catatonic stupor.  
(d) anorexia nervosa.

13. The most significant predictor of suicidal behavior is  
(a) previous suicidal attempt.  
(b) substance abuse.  
(c) loss of family member.  
(d) loss of a job.
14. The immediate care given to a patient in the post-ictal confusional state is  
(a) sedation.  
(b) re-orientation.  
(c) sedation.  
(d) physical restraint.
15. Seizures that occur during status epilepticus may be fatal mostly because they can  
(a) lead to anoxia.  
(b) cause suffocation.  
(c) result in fractures.  
(d) result in fractures.
16. Which of the following is an adverse effect of oxytocin?  
(a) Hypertension.  
(b) Hypotonic uterine contractions.  
(c) Vasoconstriction.  
(d) Neonatal jaundice.
17. Which of the following is a combined oral contraceptive pill?  
(a) Norgestrel.  
(b) Microgynon.  
(c) Medroxyprogesterone.  
(d) Levonorgestrel.
18. Which of the following is an opiate narcotic?  
(a) Nicotine.  
(b) Codein.  
(c) Caffeine.  
(d) Heroine.

19. Which of these substances accounts for more deaths due to toxic overdose?  
(a) Nicotine.  
(b) Caffeine.  
(c) Alcohol.  
(d) Valium.
20. The safest drug for the treatment of malaria in the first trimester is  
(a) quinine.  
(b) artemether.  
(c) artesunate.  
(d) chloroquine.

**Fill in the blank spaces (10 marks)**

21. The process of administering a drug to prevent alcohol withdrawal symptoms is termed as.....
22. The act of intentionally causing other peoples' death is referred to as .....
23. Unwillingness to speak arising from psychological depression is called .....
24. A syndrome characterized by mutism, immobility and reduced response to the environment is termed as.....
25. A disorder resulting from failure to recover after experiencing a terrifying event is called.....
26. A drug that treats brachial asthma but can also be used to manage threatening abortions is .....
27. Drugs that suppress the body's immune system are classified as.....
28. The term given to undesirable and unintended effects that occur at normal drug doses is.....
29. Drugs that inhibit uterine frequency and strength of contractions are called.....

30. A type of contraceptive pills given to breastfeeding mothers before the baby is two years is called.....

*Answer Sections B and C in the answer booklets provided*

**SECTION B: Short Essay Questions (10 marks)**

31. Outline five (5) social behavioral changes observed in a person with suicidal ideation. **(5 marks)**
32. State ten (10) symptoms experienced by opioid addicts. **(5 marks)**

**SECTION C: Long Essay Questions (50 marks)**

33. (a) Outline five (5) signs of substance dependence syndrome. **(5 marks)**
- (b) Outline fifteen (15) nursing intervention for managing a patient with alcohol dependence syndrome. **(15marks)**
34. (a) Outline ten (10) nursing interventions that should be implemented for a patient with food refusal. **(10 marks)**
- (b) Outline ten (10) specific interventions that should be implemented for a patient in status epileptus. **(10 marks)**
35. State the average adult dose, 2 indications, 1 specific contraindication and 1 side effect of the following medicines;
- (a) Magnesium sulphate. **(5 marks)**
- (b) Measles vaccines. **(5 marks)**
- (c) BCG vaccine. **(5 marks)**
- (d) Pethidine. **(5 marks)**

**END**