Examination No: _____ Signature .....

UGANDA NURSES AND MIDWIVES EXAMINATIONS BOARD
YEAR 1: SEMESTER 1: EXAMINATIONS

DIPLOMA IN NURSING EXTENSION

Foundations of Nursing III

Paper Code: DNE 111

December 2019

3 HOURS

IMPORTANT

1. *Write your examination number on the question paper and answer sheets*
2. *Read the questions carefully and answer only what has been asked in the question*
3. *Answer all the questions*
4. *The paper has three sections*

Section A: *Objective questions.*

Section B: *Short essay questions.*

Section C: *Long essay questions.*

For Examiner's use only

Section	Qn.	Result	Initials
A	MCQs		
	Fill in		
B	31		
	32		
C	33		
	34		
	35		
Total			

Turn over

SECTION A: *Objective Questions:*

Circle the correct answer (20 marks)

1. Which of the following laws regulates nursing practice?
   (a) Common law.
   (b) Statutory law.
   (c) Civil law.
   (d) Criminal law.

2. The subjective data that can be noted on assessing a post-operative patient is
   (a) vital signs.
   (b) laboratory test results.
   (c) patient's description of pain.
   (d) observable facial expression.

3. Which of the following is the most appropriate, initial action of a nurse who is assessing a patient on traction?
   (a) Conduct thorough observation of the extremities.
   (b) Ensure weights are hanging freely.
   (c) Ascertain that cords and pulleys are running freely.
   (d) Confirm that pin punctures are dry and clean.

4. Which of the following types of traction is used to manage fractures in children under five years?
   (a) Pulp.
   (b) Gallows.
   (c) Skeletal.
   (d) Fixed balance.

5. Which of the following is an indication for gastrostomy feeding?
   (a) Unconscious patient.
   (b) Oesophagas atresia.
   (c) Fractured jaw.
   (d) Gastroeriteritis.

6. The most correct nursing action before administering drugs to a patient is to
(a) collect drug from the pharmacy.
(b) document the drug.
(c) identify correct drug.
(d) write prescription in the chart.

7. The appropriate action a nurse should undertake if the site of IV infusion is swollen and appears tender is to
(a) massage the area.
(b) flush the canula with sterile water.
(c) reduce the flow and inform the in charge.
(d) stop the infusion at once.

8. Which of the following is an action in the planning phase of the nursing process?
(a) Documenting data.
(b) Analyzing data.
(c) Establishing expected outcomes.
(d) Selecting patient's concerns.

9. A common cause of patient's discomfort during nursing care is
(a) restricted movement.
(b) rest and sleep.
(c) passive exercises.
(d) body pain.

10. Which of the following is an example of a nursing diagnosis?
(a) Effective coping mechanism.
(b) Activity intolerance.
(c) Loss of appetite.
(d) Failure to sleep.

11. Which of the following is an indication for an eye cold compress?
(a) Relieve pain.
(b) Relieve swelling.
(c) Reduce intraocular pressure.
(d) Remove discharge.

Turn over

12. Which of the following solutions is recommended for cleaning tracheostomy tubes?
(a) Salvon.
(b) Sodium bicarbonate.
(c) Normal saline.
(d) Hibitane.

13. What is the recommended solution for cleaning the area around a colostomy?
(a) Alcohol.
(b) Soapy water.
(c) Iodine.
(d) Sodium bicarbonate.

14. Which statement is true when performing an abdominal paracentesis?
(a) Place patient in sitting up position.
(b) It is not necessary to obtain consent.
(c) Support abdomen with saline soaked gauze.
(d) Hold drainage tube and inflate.

15. Which of the following findings on assessment of an operation site is normal?
(a) Red, hard skin.
(b) Warm, tender skin.
(c) Purulent discharge.
(d) Serous discharge.

16. Which of the following is the primary reason for using nursing care plans?
(a) Ensure consistency for care.
(b) Identify client's problems.
(c) Provide justification for care.
(d) Utilize critical thinking skills.

17. The main use of a trapeze for a patient on traction is to
(a) lift the weight of the linen off bed.
(b) elevate the foot of the bed.
(c) prop-up the patient in bed.
(d) lift patient off bed.

18. Which of the following is **NOT** an indication of under-water seal drainage?
(a) Empyema.
(b) Pneumothorax.
(c) Ascites.
(d) Haemothorax.

19. The rationale for placing a patient in a flexed position for lumbar puncture is to
(a) increase the flow of CSF.
(b) increase the inter-vertebral space.
(c) prevent risks of trauma.
(d) reduce patient's anxiety.

20. Which of the following is **NOT** an orthopaedic splint?
(a) Brown's.
(b) Thomas.
(c) Gallow's.
(d) Plaster of paris.

Fill in the blank spaces (10 marks)

21. A type of tracheostomy tube with both the outer and inner tube and an obturator is called.....

22. A surgical procedure in which the colon is shortened to remove damaged parts and an opening diverted in the abdominal wall is called.....

23. Removal of excess fluid from the abdominal cavity is called.....

24. The creation of an artificial external opening into the stomach for gastric decompression is called.....

25. Wash out of the stomach contents through a stomach tube is known as.....

26. An artificial permanent opening between the ileum and the colon is called.....

27. An introduction of a solution through the stoma to wash out the bowel is termed as.....

Turn over

28. A procedure of inserting a needle into the subarachroid space to access cerebral spinal fluid is called.....

29. The 3rd step of bone healing is known as.....

30. Inflammation of the bone due to pathogenic infection is called .....

Answer Sections B and C in the answer booklets provided

SECTION B: Short Essay Questions (10 marks)

31. List ten (10) signs and symptoms a nurse should instruct the patient to report immediately after abdominal paracentesis. **(5 marks)**

32. Outline five (5) best motor responses you would check for during a neurological assessment. **(5 marks)**

SECTION C: Long Essay Questions (50 marks)

33. (a) Outline five (5) indications of orthopaedic splints. **(5 marks)**

(b) Describe the procedure of skin traction. **(15 marks)**

34. (a) Outline ten (10) points that nurses should consider while caring for a patient with tracheostomy. **(10 marks)**

(b) Outline the procedure nurses should follow while performing gastric lavage. **(10 marks)**

35. (a) Outline seven (7) actions that the nurse should perform during abdominal paracentesis. **(7 marks)**

(b) Outline the steps that should be followed while carrying out ear syringing. **(13 marks)**

END